

# THIRD THURSDAYS



Please join us for informal parent workshops offered to help with a variety of “hot topics” faced by parents and students today. Feel free to bring your lunch or just come listen and learn. Each session will last one hour and will be held in the PAC (Flex Theatre). The Third Thursday workshops are free of charge and are all scheduled from 12-1 p.m.

## 2013-2014 Schedule

**October 17: Study Techniques – 2<sup>nd</sup> through 12<sup>th</sup> grade**  
*Beth Murray-Wilson - Coordinator of Studies*

Learn how to create interactive flashcards to help your child become an independent learner and study effectively for vocabulary across the curriculum. Also, learn techniques to help your child retain new information quickly and learn fun ways to make it stick!

Register by October 16<sup>th</sup> by emailing [bmurray@jacksonacademy.org](mailto:bmurray@jacksonacademy.org)

**November 21: ADHD - What is it Really?? (all ages)**  
*Ginger Dinkins - Certified ADHD Coach*

Gain strategies to help at home and school. Learn ways to get your child organized and become more self-sufficient, leading to independence in academics and life.

Register by November 20<sup>th</sup> by emailing [bmurray@jacksonacademy.org](mailto:bmurray@jacksonacademy.org)

**January 16: Self Defense (all ages)**  
*Steve Lofton - JA's Resource Officer*

Learn ways to keep yourself and your family safe. Self defense is your first defense! Our own JA Resource Officer will give tips and insight into how to keep your “person” on the safest side!

Register by January 15<sup>th</sup> by emailing [bmurray@jacksonacademy.org](mailto:bmurray@jacksonacademy.org)

**February 20: ACT vs. PSAT – 5<sup>th</sup> through 12<sup>th</sup> grade**  
*Paula Pratt - Coordinator of Counseling*

Gain insight into the difference between the two tests, the nuts and bolts of how to prepare effectively, required scores for college, and scholarship opportunities.

Register by February 19<sup>th</sup> by emailing [bmurray@jacksonacademy.org](mailto:bmurray@jacksonacademy.org)

**March 20: Dyslexia (all ages)**  
*Dixie Gray - ARC Facilitator, Dyslexia Interventionist*

What does it really mean and what can be done to re-mediate. You will gain understanding of the uniqueness and complexity of the dyslexic brain. Learn ways to help your child maximize his or her potential throughout school and life.

Register by March 19<sup>th</sup> by emailing [bmurray@jacksonacademy.org](mailto:bmurray@jacksonacademy.org)

**April 17: Reading Readiness – Preschool**  
*Beth Murray-Wilson – Coordinator of Studies, Dyslexia Interventionist*

Learn the nuts and bolts of early reading skills and how to strengthen your youngest readers. Brain based techniques and ways to enhance your child’s ability to read and spell effectively will be shared in this workshop.

Register by April 16<sup>th</sup> by emailing [bmurray@jacksonacademy.org](mailto:bmurray@jacksonacademy.org)